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Make a cross (X) in front of the allments from which you suffer. Two crosses (XX) in front of the one from which you suffer most.

Commence and the second

Ago7.....Are you married?.....Are you married?....

.....ConstitutionBearing DownKidney Trouble

Bit Describe any other symptoms on a separate sheet if you wish.

......Painful Periods

......Fainting Spells

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a dose. Easy to take as candy.

up by a physician of vast experience in the treatment of woman's maladies. Its ingredients have the indorsement of leading physicians in all schools of practice. The "Favorite Prescription" is known everywhere as the standard remedy for diseases of women and has been so regarded for the past forty years and more.

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Married Life the Third Year Warren Falls to Bring His Mother a Present and Helen Buys One Here.

.....Eladder TroubisCatarrh

.....Womb Trouble

.....Ovarian Pain

......Hot Finshes

By Mabel Herbert Urner -

T WAS at breakfast, the second it today, for we're to go up there this morning after Warren's arrival, that svening. I phoned yesterday that we'd Helen makea suddenly:

"Warren, didn't you bring your mether anything? I just thought of it now—and I don't remember seeing a thing when you unpacked your truint."

"By George, I did forget that! Of course, I intended to get ber something. But that last day was so rushed that it went clear out of my mind."

"Oh, then you'll have to get something here. She'll not know where it came from—anything will be better than to let her think you'd forgetten her."

"Well, you'll have to get it. I haven't time now to fool around shopa."

"But, dear, I wen't know what to get. Is'n always so hard for me to ge. Is'n always so hard for me to ge. "It isn't that—you know it isn't. But can't you see how embarransing it will be for me to go there now? This first time I think you ought to go the remembrance. And be sure to get." mother anything? I just thought of it

and sprains.

Dreading the Future.

had been for many months.

In many ways they seemed nearer together. She knew this was due partly to the lack of financial worry, but she tried to believe too, that Warren cared for her more, that the separation had made him realize his need of her.

And now this call on his mother she And now this call on his mother she feared might be disturbing. That his mother liked her less than ever before, she felt assured. Just what reference she might make to the letter she had written Warren, Helen did not know. But sow since everything was so "right" between them—she dreaded even the thought of any antagonistic influence.

to look for the present. She almost wore herself out walking through a big department store before she finally

of his approval.
Why, that's bully-just the thing!

A "Harmless Fib." "Huh, I don't see much difference be-tween telling a lie and acting one. But all right—we'll jet it go at that." Helen flushed. She knew that in small things she was not so brutally truthful as Warren. She could never quite see why it was not excusable to tell a harmless fib if it saved some

But Mrs. Curtis was alone.

Mrs. Curtis opened it and took out
the tiny traveling clock.
"Oh, how thoughtful of you! That's
something I've always wanted."
"And it rins eight days, mother,
thats the best of it."
"Oh, it does," delightedly examining the back of it. And it has an
alarm, too! But where's the key?"
"The key?" repeated Warren. "Isn't
it in the box."
But a search of the box, the rissue
paper and the clock itself failed to
reveal the key."

Cooking Secrets of a Famous Chef

- - - - By Emile Bailey, of the Hotel St. Regis, New York - - -

The proper method for cooking vegetables, and recipes for asparagus and lobster salad.

Copyright, 1915, by National News Association.

HIS country is so remarkably fertile that all kinds of vegetables can be made to grow twice as large as they do in other lands where a smaller crop is raised at the price of ceaseless toll and care,

A friend of mine, who owns a large garden, tells me that French beans brought over from France and planted in his garden here sprang up as if by magic and grow to twice their ordinary size. That was the first year, Next year, when he planted them again, the beans were smaller, and the third crop was very poor and of small size.

size.
Probably the ground has not been worked enough, as has every inch of my own land, and the first enormous crop exhausts the ground.
Then, too, there is such a desire for big fruit, big vegetables, of mammoth growth and beautiful to look upon, that the average person does not realize the fact that vegetables of smaller size are often better in quality and flavor.

Staver.

We see the seed of the seed of the reasons why you find good of the reasons why you find good



LOBSTER SALAD.

The "Dawg" Song Just Grew

Now Famous Houn' Ballad of Osarks Is Like Topsy-Why the Dawg Couldn't



ASPARAGUS "EN BRANCHE."

(Read M. Bailey's directions for cookin g and serving this popular delicacy.)

picked.

If a vegetable cooks quickly it is

cooking in the humblest French home. It is hard for even a bad cook to spoil strictly fresh vegetables, but it is equally difficult for a firstclass chef to do anything with wilted greens and foodstuffs that have been kept on leefor a long time and have lost their delicate flavor.

Most people cook their vegetables too much. This takes away the delicate aroma and is disadvantageous, both from the point of view of appearance and taste.

Asparagus for instance, should never be served belling hot. It is to be caten just a little warmer than tepid. Served at this degree, after being quickly coaked, it is delicious, it ahould never be kept in the boiling water after it is tender.

Most people cook their vegetables too much. This takes away the delicate flavor.

Asparagus, for instance, should never be caten just a little warmer than tepid. Served at this degree, after being quickly coaked, it is delicious, it ahould never be kept in the boiling water after it is tender. strictly fresh vegetables, but it is equally difficult for a firstchas chef to do anything with wilted greens and foodstuffs that have been kept on ice for a long time and have lost their delicate flavor.

Most people cook their vegetables too much. This takes away the delicate aroma and is disadvantageous, both from the point of view of appearance and taste.

Asparagus, for instance, should never be served boiling hot. It is to be eater just a little warmer than tepid.

Served at this degree, after being quickly cooked, it is delicious, it should never be kept in the holling water after it is tender.

ASPARAGIS "EN BRANCHE."

Scrape and clean the asparagus wash thoroughly, but this is very important, don't let them if or roak in the water. Water toughens all vegetables. Dry the asparagus and time them together, butting the heads together and cutting off the cods to make the bunches even that water is boiling, put in your asparagus and cook from 25 to 30 minutes. One cannot tell exactly how long it will take, as this deponds on the quality of the vegetable and the season of the year in which it is picked.

If a vegetable cooks quickly it is

STATES THE TRUTH

Richmond Hill, L. I.—Albert Porter, who has lived here for some time, believes that when a man in bad health finds something that is just what he needs, it is his duty to let the facts be knewn.

He says: "All winter I had a bad cold and a cough which I could not get rid of." I was badly run down healdes. I short time ago I started using Vinoi

and my cough is gone now and I feel well in every way. This shows what Vinol will do for anyone in that condition and I strongly recommend it to

The reason Vinol, our delicious cod The reason vinol, our delicious cod, liver and iron preparation without oil cured Mr. Porter is because it went directly to the seat of the trouble which was his weakened, rundown condition. Its curative, blood-enriching and strengthening properties built up his health and his cough disappeared.

as a natural result.

We guarantee that Vinol will do all we claim, and will pay back your money if Vinol does not satisfy you.

Kelly & Pollard, Druggists, El

SWOLLEN SO BAD LIFE A BURDEN

That is What Lady in Craig Told Her Friend, Who Finally Helped Her to Obtain Relief.

Craig, Nebr.-Mrs. Annie Dye, of this lace, says: "I suffered with womanly troubles, as only those who have such

troubles can know. I had backsche and bearing down pains, and my body and limbs became so swollen that it was only with great

difficulty I could get up on my feet. Life had become almost a burden for me, when a friend recommended Cardut, the woman's tonic.

I began to take Cardui, and within a short time, there was a very great im-I continued its use, and the swelling

left my itmbs. Now, I feel like a different person. I am fifty-four years old and feel as well as anyone of my Cardul has carried me through some

very serious allments, without the aid of a doctor. I would not like to be without it in the house. Cardul is the ideal tonic remedy for women. Its ingredients are especially significant for women's needs. It relieves rain, helps weakness, nervousness, iranging sensations, headache, back-inche, and similar symptoms of female trouble. The Lubin Moving Picture company is natural way, and is adapted for the use taking western pictures near that city.

True Lubin Moving Picture company is natural way, and is adapted for the use the paking western pictures near that city.

Get a bottle today.



7-11.9--1944 60

Sprays, Douches, Snuffs and Ointments Won't Kill the Persistent Catarrh Germs.

> Hyomei, the Antiseptic Air, Will

When you can go to any drug store in any civilized community on earth and buy for only \$1.00 a remedy that will quickly rid you of hawking, spitting and sbuffling, why do you allow the devillah germs of catarrh to undermine your health and destroy your efficiency?

Out: Strays and doubles Limit

efficiency?
Quit sprays and douches. Liquid cannot penetrate into the nooks, folds and crevices of the irregular mucous membrane. Neither can it get into the bronchial tubes that lead to the lungs and where germs thrive and multiply. If you believe that liquids reach the air tubes, try to swallow a little water the "wrong way." Such a test will effectually demonstrate to you the life theory that sprays and douches can cure catarrh.

HYOMEI is a piessant antiseptic air which, when breathed, penstrates into

which, when breathed, penetrates into the folds and crevices of the sore, germ-infested membrane and also goes deep into the air cells of the lungs, kill-ing all corrections. ing all germs.

A HYOMEI outfit costs \$1.06. Ex-tra buttles of HYOMEI, if needed, 50 cents. "Kelly & Pollard guarantee it."

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Relieved Severe Pain in Shoulders

Ill., writes: "I am a piano polisher by occupation,

and since last Sept. have suffered with severe pain in

both shoulders. I could not rest night or day. One of my friends told me about your liniment. Three

applications completely cured me, and I will never be

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Mr. A. J. NANCE, of Oak Hill, O., writes: "I

have used your liniment for sciatic rheumatism. I was so I could not walk for a long time.

I even ate my meals on the floor, but your

limiment cured me. I keep it in the house all the time and have let others

use it and it cured them. I sent to

Ironton, O., the other day and got

two soc. bottlesfor other people."

At all dealers. 25c., 50c. & \$1.00

Mr. J. UNDERWOOD, of 2000 Warren Ave., Chicago,

remedy for rheumatism, neuralgia, sciatica, lumbago

without it "



Furred Tongue, Bad Taste, Indigestion, Sallow Skin and Miserable Headaches come from a torpid liver and clogged bowels, which cause your stomach to become filled with undigested food, which sours and ferments like garbage in a swill barrel. That's the first step to untold misery indigestion, foul gases, bad breath, yellow skin, mental fears, everything that is horrible and nauseating. A Cascaret tonight will straighten you out by morning-a 10-cent box will keep you feeling good for months. Millions of men and women take a Cascaret now



"Nothing of the kind. Of course, you're going with me. Get something for mother today and we'll take it up with us, I don't like the idea of lying about it, but I guess mother would be hurt if she thought Fd forgotten her. There," as the clock struck the quarter hour. "It's quarter of nine now. I should have been out of here long ago." And before Helen had time to protest further about the call he had kissed her hurriedly and was gone. All day the dread of going to his mother's hung over her. She knew, of course, that sooner or later she would have to go—but she did not taink it would be so soon. The memory of Mrs. Curtia's last call with its unpleasant incident still rankled. She felt sure that there would be no mention of that this evening, but she knew Mrs Curtis would be stiff and formal, and that she herself would be painfully self-conscious and ill at ease. Dreading the Future. A Sudden Shock, Helen hid down her knife and fork

But more than the awkward situa-tion, Helen dreaded the subtle influ-ence this call might have. In the two days since Warren's return things had been better-much better than they had been for many months.

After juncheon she went down town

decided on a small traveling eight day clock in a leather case.

When Warren came home that evening she showed it to him, a little doubtful of his approval.

"Why, that's bully—just the thing: Much hetrer to get something sensible like that than some foolish gew gaws. But I still don't like the idea of lying about it. Why not tell mother the truth—like I forgot to get anything out there, so got it here?"

"Oh, no, I wouldn't do that—she wouldn't appreciate it so much. Just say you brought it for her—and she'll think, of course, you got it on your trip."

one's feelings. "Now, we don't want to fool around

greeted Warren cordially, and Helen with prim formality. But Warren dis-helled the awkwardness of the first few

moments by plunging at once into an account of his trip.

Helen was sitting in a low, straight chair by the window. She had taken it nervously and now found she was most uncomfortable. It was very low and had no arms, and she felt curiously awkward and conscious of her lands which added to her confusion. nds, which added to her confusion, took up a magazine from a nearpy le just to have somethin; to adde had hardly spoken since she eneed, but she knew that Mrs. Curis

was observing her. "Oh, here, mother—here's a little re-membrance I brought you," said War-ren, drawing the package from his Mrs. Curtis opened it and took out

Be Kicked Aroun'-He Was the Pioneer's Best Friend. Mystery of the Ozark Dawg song ditty in the Ozarks. I remember it promises to become a national problem. Like every deg, every song was supposed until recently to have its day, but now this quaint Ozark ballad of 30 years ago is taking to itself. If you knew the Ozark day, but now this quaint Ozark ballad of 30 years ago is taking to itself. If you knew then it would be an easy thing to believe. When I first went into their country. day, but now this quaint Ozark bal-lad of 30 years ago is taking to itself a new and greater fame than had the songs named after Bedelfa and Sweet Rosle O'Grady, when they appeared, 18

Rosic O'Grady, when they appeared, 18 and 15 years ago.

The song in being sung, cartooned, and put in solemn editorials; it is—so the political forecasters say—to play no small part among the noises of the coming presidential campaign. Simple people, hearing this, have furrowed their brows and endeavored to fathem the rights of the Democratic and the Republican parties to this particular quatrain. "You gotta quit kickin" my dawg aroun" might quite conceivably be applied at the present stage of the campaign to Roosevelt, Taft, Wilson, La Follette, et al. In Missouri it has been adopted as the state song, and the Democratis have made it their campaign song, charging derisively that pairs song, charging derisively that the Republicans have personified the Fame is National,

But the song has spread far beyond Missouri and the search for its origin is general. Missourians in New York, says the Evening Post, have gone to the music publishers, to the department stores, to the old book shops, and have blandly asked for a copy of the Ozark Dawg Song. Invariably they have been politely stared at and asked for the name of the writer, the key in which it was written, and the key in which it was written, and the year of its first appearance. This has happened so often the Missourians have sent to their native state for in-formation, but without result. Claim has been inid to its author-ship by several second-rate

ship by several second-rate rhyme-sters of the present generation, es-pecially since Woodrow Wilson placed it in the category with "Beautiful Isle of Somewhere." Honorable Missourians indigenerate refut these cleans. of Somewhere." Honorable Missourians indigmently refut these claims; it was sung before any of the whippersnapper song writers of today were born, they say. Members of the Missouri society of New York pleaded ignorance because they had been born and raised to St. Louis which is miles away from because they had been born and raised in St. Louis, which is miles away from the Ozark Hills and never saw hounds, except at the dog shows. However, one old Missourian was found who

emed promising.
Did you write the Ozark Dawg he was asked, he sald, and "No, he said, and then, "I don't think anybody did. It just grew, like Topsy. Born in the Ozarks. "Thirty years ago they sang that

rushed the week I left that I just for-got to get you anything. So Helen got this here." On, I see, more coldly. Well, I'm sure it was very nice of her,"
And then as she rose to put the clock on the table, something fell clanging to the floor.

Clanging to the floor.

"Oh, there's the key," as Warren stooped to pick it up. "It must have dropped out when you opened the box." Mrs. Curtis put the key beside the clock on the table and then returned to her chair with a stiff nod.

"I'm sure it will be a very useful present, and I am very much obliged to you both."

After this, although nothing more was said about it, even Warren seemed

was said shout it, even Warren seemed slightly constrained. And they left Now, that's what you get by acting ite," he began when they reached the atreet.
"But dear, I only did it for her-so she wouldn't think you'd forgotten

reveal the key.

What didn't they give you a key with it. Helen' demanded Warren thought leasily.

There was a dead slience. Helen flushed haily as she nervously turned the pages of the magazine.

"On, then you didn't bring this with your asked Mrs. Curlis stiffly.

Warren laughed, a little disconcerted."

"To tell the truth, mother, I was so

When I first went into their country, the first thing that struck me was the 'dawga.' The callroad carried me to Ironton. There I struck aeross country through Reynolds, Shannon, Howells, and Dents countles. The tracks are in the southeast of Missouri and extend over the border into Arkansas. Even now they are a wild country, but 10 years ago they were as virgin as in Paniel Boones time. The men worse coonskin caps, carried long rifles, lived in log cabins, and hardly knew what money looked like.

"They all of them had hounds, not the kind, you see on the stage when 'Incle Tom's Cabin' is playing, but small and ugly done with ears entirely out of proportion to their heads. When

out of proportion to their heads. When they were resting they looked like mongreis—the kind you want to kick. When I first tripped over one. I turned and tried to boot him. Instantly a voice drawled. You guit kickin that hour. I didn't; my other foot went towards the dog's ribs. You quit" came the same voice, but this time without a drawi.

Why the Hound is Loved, "I did quit. Later I learned why these men tell you that you've 'gotta quit,' and why they tell you that it makes no difference if he is a houn.' They went deer hunting and took me along. The houn's went too. Instead of the mongreis they looked to be when I first saw them they were transformed. Over the hills and down through the valleys, a pack of 50 would lead in the livellest sort of a hunt. I loved them after that.

"They were affectionate, too. A dog knew his master better than the muster knew him. Sons of the soil, the ter knew him. Sons of the soil, the men were the best, finest, and hap-plest fellows in the world. Cut off entirely from the outside world, com-

entirely from the outside world, companionship of their hounds was almost as much to them as that of their children. Do you wonder that they would threaten to knife a man if he kicked a dog."

The origin of the song may never become known, but because its verse is crude and naive, its whimsical lines appealing at once to sympathy and understanding, and because it has a quality and spice entirely lacking in lingles of today, there can be little wonder that its revival is watched with such interest.

such interest NOW MAKING MOVING PICTURES OF TUCSON

Lubin Picture Crowd Had Planned Headquarters

making western pictures near that city and at the old mission of San Xavier, near Tucson. The Lubin company established a studio in El Paso and started to make a number of insurrector pictures here, but their Mexican supers were arrested and vasged, together with some of the actors. Manager Meiville, who said he had planned to establish a permanent studio in El Faso, changed his plans and moved the moving picture company to Tucson. While here the company spent \$5,000 per week for salaries, supers and materials for staging the western pictures. Manager Meiville's reason for leaving was that his effects to establish a studio here were not appreciated.

Get a bottle tony.

N. B.—Write to: Ladies' Advisory Dept, Chattanoora Medicine Co., Ch making western pictures near that city